

STUTTERING SUPPORT GROUP EDITION

NEVER HAVE I EVER

SIMPLE RULES

- Gather the group together in a circle.
- Place a bowl of Starbursts in the middle.
- Stack two small decks of “Never Have I Ever” question cards in the middle.
 - One stack is EVERYDAY (family-friendly) questions.
 - The other stack is STUTTERING-related questions.
- The person with the closest birthday starts by picking a question from either deck.
- This person reads the question out loud.
- If anyone in the group HAS done that action/activity, they take one Starburst.
- Encourage conversation with the group after every question is answered.
- Continue the game play in a clockwise manner.
- The game ends after everyone has drawn cards at least twice.
- People get to keep their Starbursts!!!

NOTES

- EVERYDAY and STUTTERING questions are listed below.
 - To create small decks of cards, type the questions into a document, print on thicker paper and cut into cards. (An Avery label template will make this process easier and more elegant.)
 - You can also simply print the questions, cut into slivers and place the slivers face down for people to draw questions from.
 - There are many creative ways to have group attendees select questions.
 - The key is to have a set of questions to spark conversation.
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STUTTERING QUESTIONS

Never have I ever wished I could be more spontaneous in conversations.

Never have I ever worried that people judged my intelligence based on my speech.

Never have I ever felt stronger from the challenges I have faced in life because of my stutter.

Never have I ever introduced myself and then immediately wished for a do-over.

Never have I ever felt worse about myself after disclosing my stutter to someone during a conversation.

Never have I ever had someone say, "Take your time," and actually meant it.

Never have I ever used humor to survive a rough speaking moment.

Never have I ever practiced something to say before saying it out loud.

Never have I ever had a speaking moment that turned out better than I expected.

Never have I ever noticed how much easier talking feels in some settings than others.

Never have I ever felt stronger after getting through a difficult speaking moment.

Never have I ever spoken up even though I felt really nervous.

Never have I ever had a moment where I felt accepted for how I talk.

Never have I ever felt less alone after hearing someone else's "Stutter Journey" story.

Never have I ever felt relieved when someone was patient with me on a first date.

Never have I ever had a small speaking win make my whole day better.

Never have I ever felt stronger after advocating for myself.

Never have I ever talked smoother when dreaming than in real life.

Never have I ever left a conversation thinking, "Well, that was an adventure."

Never have I ever been surprised by my own courage in a conversation.

EVERYDAY QUESTIONS

Never have I ever googled my own name.

Never have I ever eaten dog or cat food.

Never have I ever gotten a speeding ticket.

Never have I ever cheated on a test.

Never have I ever broken a bone.

Never have I ever used a dating app.

Never have I ever crashed a wedding reception.

Never have I ever clogged up somebody else's toilet.

Never have I ever quit a job on the first day.

Never have I ever been on TV.

Never have I ever given a speech in front of 100 people or more.

Never have I ever binged an entire series in one day.

Never have I ever been to a psychic.

Never have I ever sleepwalked.

Never have I ever been fired from a job.

Never have I ever done a backflip.

Never have I ever ridden a unicycle.

Never have I ever donated blood.

Never have I ever run out of gas while driving.

Never have I ever gotten detention in school.